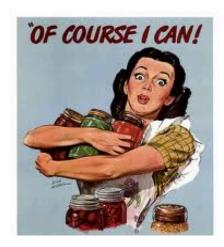
## **Canning 101: Home Food Preservation**

Learn the basics of home food preservation: a hands-on waterbath canning workshop with a pressure canning demonstration.

This workshop is perfect for beginners and those looking to brush up on their skills. No children please.



Katie Strong, M.S., R.D. Extension Agent 3308 S Stafford St Arlington, VA 22206 Phone: 703-228-7636 E-mail: kstrong@vt.edu

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Kisha Simpson, Arlington County Office at 703-228-6400/TDD\* during business hours of 8 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event.

\*TDD number is (800) 828-1120.

## When and where:

Thursday, September 12, 5 to 8 pm Fairlington Community Center Kitchen 3308 S Stafford St, Arlington, VA 22206

Registration fee: \$20

Please bring \$20 cash or check, made out to "Arlington Extension Fund", on the day of the training.

## How to sign up:

E-mail Katie Strong at <a href="mailto:kstrong@vt.edu">kstrong@vt.edu</a>. Space is limited to 12 participants. Sign up early!