



4-H is the nation's largest youth development and empowerment organization, reaching more than 6 million youth in urban neighborhoods, suburban schoolyards, and rural farming communities.

2014-2015 SCHEDULE

#IAM4H PROGRAM LEADERSHIP TRAINING SERIES

Session 1: 2014 4-H National Youth Science Day – Rockets to the Rescue

Date: Mon. Oct. 6, 2014

Registration Deadline: Wed. Oct. 1, 2014

Session 2: "Making the Best Better": Youth Voice through 4-H Expressive Arts Contest

Date: Jan. 12, 2015

Registration Deadline: Wed. Jan. 7, 2015

Session 3: "Music Maker": The Sound of Creation

Date: Mon. April, 6, 2015

Registration Deadline: Wed. April 1, 2015

Session 4: "Camp Within a Camp": Enhancing Summer Programming with 4-H Day Camps

Date: Mon. June 1, 2015

Registration Deadline: Wed. May 27, 2015

Who We Are

Virginia Cooperative Extension

Virginia Cooperative Extension is an educational outreach program of Virginia's land-grant universities: Virginia Tech and Virginia State University, and a part of the National Institute for Food and Agriculture, an agency of the United States Department of Agriculture.

4-H Youth Development

4-H is the youth development education program of Virginia Cooperative Extension. 4-H is rich with learning experiences where young people partner with caring adults and volunteers in a fellowship unlike any other program available to youth today. Through 4-H, young people are encouraged to participate in a variety of activities that emphasize 4-H's "learning by doing" philosophy of youth development.

Contact Us:

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If you are a person with a disability and desire assistance or accommodation, please notify Alexandria VCE at (703-746-5546/TDD*) during business hours of ___ 8 ___ a.m. and ___ 5 ___ p.m. Mon - Fri
*TDD number is (800) 828-1120.



#IAM4H AFTER-SCHOOL LEADERSHIP TRAINING SERIES



#IAM4H AFTER-SCHOOL LEADERSHIP TRAINING SERIES

Location:

Lee Center

1108 Jefferson Street

Alexandria, VA 22314

Innovative Youth Development Programming



Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, gender, information, marital, family, or veteran status, or any other basis prohibited by law. An equal opportunity/affirmative action employer, based in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; Jewel E. Hairston, Administrator, 1800 Extension Program, Virginia State, Petersburg.



Why 4-H Afterschool?

4-H Afterschool is unique in that it “trains the educators.” AND... ***It cost you nothing!***

One of 4-H Afterschool’s strengths is staff development & training. Afterschool staff can receive training including positive youth development, “hands-on” learning techniques, life-skill development, staff recruitment & management.

Training Opportunities

**2014 4-H National Youth Science Day
– Rockets to the Rescue
Monday, October 6th 2014**

The 4-H National Youth Science Experiment is an exciting, interactive learning experience that engages thousands of youth across the country each October. This year, National 4-H Council is asking youth to design and build an aerodynamic food transportation device (rocket) that can deliver a payload of nutritious food to disaster victims. Youth will learn engineering concepts, develop math skills, learn about nutrition and help solve a relevant, global issue. Bring this experiment to your students and watch them take off!

Making the Best Better! Enhancing Youth Voice thru 4-H Expressive Arts!

Monday, January 12th 2015

Did you know that 3 out of every 4 people in the United States suffer from some level of fear related to public speaking? Public speaking is a part of our lives, from addressing large crowds to sharing stories around the dinner table; everyone should have the ability to communicate with comfort and ease. 4-H Expressive Arts Competitions are an excellent way to encourage youth voice in a low stress, supportive environment. 4-H Expressive Arts Competitions include: public speaking (speech), presentation, Share-The-Fun (talent showcase), Fashion Review, and Dramatic Reading. Come and learn how to incorporate these contests into your youth development program.

“Music Maker” The Sound of Creation

Monday, April 6th 2015

Do you love music? Do you have a flair for creativity? Are you looking for innovative, hands-on activities? If you answered yes to any of this questions than *Music Maker* is perfect for you! The Maker Movement is one of the fastest growing subcultures in America. Maker encourages invention, creativity, and resourcefulness through DIY activities that challenge youth to think outside of the box and create something that is truly one of a kind. This training will give you a glimpse of some of the magic that is Maker, and how your youth can turn simple household items into amazing musical instruments.

“Camp within a Camp” - Enhancing Summer Programming with 4-H Day Camps

Monday, June 1st, 2015

Summers’s here... and so are the kids... full days of sun, fun, and TIME! Are you in need of summer programming that goes beyond the playground and pool? 4-H Day Camps provide great summer programming designed to be fun and educational; supported by University level research from institutions throughout the country. Camping themes include: Kitchen Chemistry, Rocketry, Character Development, and many more. Come learn how you can add 4-H Day Camps to your existing summer program.

Registration

Registration is limited, and is accepted on a *first come, first serve* bases. Sign up for one, or all the sessions!

To Register, Log on to:

www.tinyurl.com/Alex4HVolTraining

FAQ

Where & when are the trainings?

Lee Center Exhibit Hall / 6:30-8:30 p.m.

Is there any cost associated with these trainings?

No, however attendees are expected to incorporate 4-H Afterschool into your existing afterschool program.