Bugs on a Log

Ingredients:
- 2 stalks celery
- 1 1/2 tablespoons raisins
- 1 tablespoon peanut butter

Equipment:
- Cutting board
- Knife
- Measuring spoons

Number of Servings: 4
Preparation Time: 5 minutes
Total time: 5 minutes

Directions
1. Wash stalks and cut into 4 inch pieces.
2. Spread peanut butter evenly in grove of all pieces.
3. Dot with raisins on peanut butter.
4. Serve immediately.
5. Can also try apple slices, dried cranberries, or try carrots cut lengthwise.

Nutrition Facts

The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer. This material is partially funded by USDA’s Supplemental Nutrition Assistance Program – SNAP. The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact your county or city Department of Social Services or to locate your county office call toll-free: 1-800-552-3431 (M-F 8:15-5:00, except holidays). By calling your local DSS office, you can get other useful information about services. This material was partially funded by the Expanded Food Nutrition Education Program, USDA, NIFA.