Honey Ambrosia

Nutrition Facts

Serving Size: 1 bar
Servings: 15

Amount Per Serving	
Calories 173	Calories from Fat 54
	%Daily Value*
Total Fat 6g	**9%**
Saturated Fat 1g	**4%**
Cholesterol 29mg	**10%**
Sodium 110mg	**5%**
Total Carbohydrate 28g	**9%**
Dietary Fiber 3g	**11%**
Protein 4g	**9%**

Vitamin A	73%	Vitamin C	9%
Iron	7%	Calcium	5%

*Percent Daily Values are based on a 2,000 calorie diet.